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# The potential roles of aluminum chloride and sodium fluoride on the neurotoxicity of the cerebral cortex, hippocampus, and hypothalamus of male rat offspring



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## **Abstract**

**Background:** This study highlights the potential toxic effects of aluminum chloride and sodium fluoride (NaF), given to pregnant female rats, on the development of the brain neurotransmission systems in their offspring. Pregnant female rats received a daily dose of NaF (0.15 g/L) or AlCl<sub>3</sub> (0.5 g/L) in the drinking deionized water, either separately or in combination with each other, starting from the 6th day of gestation till the end of the breastfeeding period. After weaning, the male offspring were divided into two subgroups; in the first one, the offspring continued to have the same treatments in their drinking water at the same dose levels, as were provided to the mothers, until the age of 70 days of postnatal life. In the second subgroup, the pups were provided with a drinking deionized water without the treatments for a similar period of time. At the end of the experimental period, the contents of the brain monoamine neurotransmitters, as well as the acetylcholinesterase (AChE) activity, were assessed in the cerebral cortex, hippocampus, and hypothalamus. In addition, the offspring were subjected to the exploratory behavioral test.

**Results:** The results revealed that sodium fluoride and aluminum chloride induced sever perturbation and imbalance in the neurotransmission systems under investigation. The pattern of change and severity differed with the different brain areas. The combination of the two pollutants exerted general synergistic impacts with different specific response in the different brain area.

**Conclusion:** It is concluded from this study that the exposure to sodium fluoride and aluminum chloride, either separately or in combination, induced profound disturbances in the transmission within the rat brain monoamine systems and subsequent undesirable impact on the animal's behavioral aspects.

**Keywords:** Sodium fluoride, Aluminum chloride, Prenatal and postnatal stages, Monoamines, AChE activity, Exploratory behavior

## **Background**

The abundance of aluminum and fluoride in nature and their excessive use in industry and health products have made the exposure to these elements unavoidable. The exposure for the general population is mainly through oral intake and the major sources are the drinking water, tea, soil, residues in food products, cooking utensils, as well as in aluminum- or fluoride-containing medications (Fan, Gao, Wang, Gong, Guo, & Zhao, 2016; Kinawy &

Al-Eidan, 2018; Kinawy & Ezzat, 2013). Aluminum and fluoride are among the most common neurotoxicants which induce disturbances in the nervous system and consequently on the behavior (Choi, Sun, Zhang, & Grandjean, 2012; Xiang, Liang, Chen, Wang, Chen, & Chen, 2003). Excessive exposure to fluorine through prenatal and postnatal stages of development induced perturbation in the homeostasis of the central nervous system (Dec, Łukomska, Maciejewska, Jakubczyk, Baranowska-Bosiacka, Chlubek, & Gutowska, 2017). The noxious effects of fluorine are attributed to its ability to cross the placental and blood-brain barrier which leads

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to its absorption and accumulation in different brain regions. This will lead to cerebral damage and appearance of neurological disorders later in life (Saunders, Liddelow, & Dziegielewska, 2012).

Aluminum easily enters most brain regions of the rats and the highest aluminum concentrations were found in young developing rats. This shows that the early stages of life is crucial for brain aluminum accumulation (Abu-Taweel, Ajarem, & Ahmad, 2012; Domingo et al., 1996; Dórea, 2015; Golub & Domingo, 1997). Moreover, exposure to aluminum, particularly in utero or during the early postnatal life, contributes to serious brain disturbances in neurotransmission essential for brain higher functions as well as in sensory-motor processing. The study of the impact of exposure to aluminum in newly born organisms is of a particular interest because of the possible devastating, and commonly irreversible and life-time long persistence. The profound effects of neurotoxins on the young animals is attributed to the fact that the metabolic pathways, biotransformation and elimination mechanisms, gut and renal functions, neural development, and particularly brain barrier formation are not fully developed yet in young animals. On the other hand, some pathologic changes which do not appear by exposure to aluminum separately arise when it combines with fluoride (Ge, Xie, Zhang, Tan, Wan, Wang, & Jin, 2018; Kaur, Bijarnia, & Nehru, 2009; Strunecká, 1999).

Several epidemiologic studies have demonstrated an association between fluoride and aluminum, administered separately or in combination, and neurobehavioral deterioration in populations living in regions with endemic environmental pollution (Akinrinade, Memudu, & Ogundele, 2015; Kraus & Forbes, 1992; Varner, Jensen, Horvath, & Isaacson, 1998; Yazdi, Sharifian, Dehghani-Beshne, Momeni, & Aminian, 2011). The association between long-term aluminum and fluoride or aluminum/ fluoride intake in the drinking water and the development of Alzheimer's disease has been suggested (Belojevic & Jakovljevic, 1998; Ge et al., 2018; Zhu et al., 2016). Aluminum and fluoride have been found to induce severe perturbation in the monoamines neurotransmitters, particularly norepinephrine and dopamine, by increasing their oxidation with the monoamine oxidase which leads to production of toxic aldehyde metabolites and precursors of oxidative stress. It is worth mentioning that the accumulation of aldehyde metabolites was reported in the brains of the patients with Alzheimer's and Parkinson's diseases (Burke et al., 2004; Grima, Benz, Parpura, Cuénod, & Do, 2003). In addition, the potential toxic effect of aluminum and fluoride may include disruption in serotonergic neurotransmission throughout the entire brain regions (Kaur, Bijarnia, & Nehru, 2009; Kumar, 2002). Zheng and Liang (1998) suggested that the depletion of dopaminergic and cholinergic transmitters in the central nervous system might play a central role in Al-induced neurotoxicity. On the other hand, Al exposure led to a significant decrease in the acetylcholinesterase activity in the brain and, as consequence, induced disturbances in a cholinergic neurotransmission (Ravi, Prabhu, Raju, & Bindu, 2000; Zatta, Ibn-Lkhayat-Idrissi, Zambenedetti, Kilyen, & Kiss, 2002). Moreover, other researchers reported an interaction between Al and the cholinergic system which resulted in increased acetylcholinesterase (AChE) activity in rodents (Kumar, 2002; Taïr, Kharoubi, Taïr, Hellal, & Benyettou, 2016; Thirunavukkarasu, Venkataraman, Raja, & Upadhyay, 2012; Yellamma, Saraswathamma, & Kumari, 2010).

## The aim of the work

The present work was initiated in order to evaluate the impact of aluminum and fluoride intake through the drinking water, during the prenatal and postnatal life, on the contents of the monoamines and acetylcholinesterase activity in different brain regions. Additionally, the impact on the exploratory behavior was also assessed.

## Materials and methods

## **Experimental animals**

Healthy adult female rat mothers, with an average weight of  $180\pm15$  g, were used. The rats were obtained from the animal house of the Faculty of Science, Dammam University and housed individually in plastic cages at 20 °C and 12 h light/12 h dark cycle. The handling and use of the animals were strictly in agreement with the regulations and guidelines on the practice embraced by the ethics committees for use of animals for research.

## Chemicals

Aluminum chloride CAS Number 7446-70-0 (AlCl<sub>3</sub>) and sodium fluoride CAS Number 7681-49-4 (NaF) with 99% purity were purchased from Sigma-Aldrich is now Merck in USA. All chemicals used for the HPLC analyses employed for the estimation of the monoamines (Epinephrine -CAS Number: 51-43-4; Norepinephrine: CAS Number 51-41-2; Serotonin: CAS Number: 50-67-9; Dopamine CAS Number: 62-31-7) as well as those used for the QuantiChrom AChE (DACE-100) assay kits required to measure the activity of acetylcholinesterase (AChE) were also purchased from Sigma-Aldrich Company.

## **Experimental design**

In order to obtain the offspring male rats, 100 female mothers were mated with males (1 male/5 females) of the same strain. The vaginal smears were examined to detect the period of positive estrus, according to the

method of Harkness and Wagner (1983). The number of pregnant females was 80 rats, after day 6 of gestation; the pregnant rats were randomly divided into 4 groups A, B, C, and D. The daily treatments were deionized drinking water, 0.15 g sodium fluoride (NaF, 0.15 g/L added to the drinking deionized water) according to He and Chen (2006), 0.5 g aluminum chloride (AlCl<sub>3</sub>, 0.5 g/ L added to the drinking deionized water) according to Fulton and Jeffery (1990), and a combination of aluminum and fluoride with the same concentrations added to the drinking deionized water, respectively. The treatment was supplied daily in the drinking water throughout the pregnancy, postpartum, and weaning periods. After weaning, the male newly born rats were separated from the females in each group. According to the G-power analysis, the total sample size required for the present experimental design was 196 males of the newly born rats. From group A, 28 rats were taken and assigned as group 1. Males in group B were subdivided into groups II and III, group C into groups IV and V, and group D into groups VI and VII, each with sample size of 28 males. Throughout 70 days of postnatal stage, the born males in the group I, III, V, and VII were supplied daily with drinking deionized water. Meanwhile, the males in groups II, IV, and VI were daily supplied with NaF (0.15 g/L of deionized drinking water) or AlCl<sub>3</sub> (0.5 g/L of deionized drinking water) separately or in combination, respectively (Table 1).

## Sampling

Seventy days post-administration of treatments, as shown in Table 1, 20 (n1 = 20) and 8 (n2 = 8) males were withdrawn from each group to run the exploratory behavior tests (object investigation) and the measurements of neurotransmitters and acetylcholinesterase activity, respectively (Table 1). Rats were scarified and the brain was quickly excised and dissected on an ice plate to obtain the cerebral cortex, hippocampus, and hypothalamus. The tissues were stored at  $-80 \, ^{\circ}\text{C}$  pending

**Table 1** Experimental design to illustrate the experimental subgroups of the post-weaning male offspring

Sources	Experimental groups						
	I	II	III	IV	V	VI	VII
DW	Ok	No	Ok	No	Ok	No	Ok
NaF (g/L)	No	0.15 g <sup>a</sup>	No	No	No	0.15 g <sup>a</sup>	No
AlCl3 (g/L)	No	No	No	0.5 g <sup>a</sup>	No	0.5 g <sup>a</sup>	No
Sample size <sup>(n1)</sup>	20	20	20	20	20	20	20
Sample size <sup>(n2)</sup>	8	8	8	8	8	8	8
Sampling time	70 days post-administration						

DW deionized water, g/L gram dissolved in 1 L

analyses. The levels of monoamines (epinephrine, norepinephrine, dopamine, and serotonin) as well as acetylcholinesterase activity were then estimated in the three brain regions.

## Exploratory behavior test (object investigation)

In this test, a task was conducted by each rat as a measure of exploratory behavior, according to the method described by Aitken (1974). Each one of the 20 rats was tested for a 5-min period daily for 5 consecutive days. A novel object was placed in the center of the field (rubber tube, steel chains, or crumpled paper balls). For each test, a rat was placed in a corner, and the number of approaches (number of times the nose came within one inch or touched the objects) was recorded along with the time (duration) spent with the nose touching the objects.

## Monoamines assay

The levels of monoamines (epinephrine, norepinephrine, dopamine, and serotonin) in the brain regions (the cerebral cortex, hippocampus, and hypothalamus) were estimated by the reversed-phase high-performance liquid chromatographic (RP-HPLC), according to the method described by Pagel, Blome, and Wolf (2000). An accurate weight of the cerebral cortex, hippocampus, and hypothalamus was homogenized in 1/10 w/v of 75% aqueous HPLC grade methanol. The homogenate was spun at 6000 r/min for 10 min, and the produced supernatant was used for the estimation of monoamines neurotransmitters using an internal standard for each type. The supernatant was immediately extracted from the trace elements and lipids by the use of solid-phase extraction CHROMABOND column NH2 phase, Cat. No. 730031. An amount of 20 µl of supernatant was injected into an AQUA column for separation of catecholamines, UV 270 nm. The concentrations of measured monoamines were expressed as micrograms per gram of tissue (μg/g).

## Acetylcholine esterase activity

AChE activity was assayed calorimetrically using Quanti-Chrom AChE (DACE-100) assay kits, according to the method described by Kovarik et al. (2003). The sample was prepared by brief homogenization of an exact weight of each studied brain region in cold 0.1 M phosphate buffer (pH 7.5) followed by centrifugation at 14,00 r/min for 5 min. The obtained supernatant was used for the assay. In the AChE assay, the thiocholine produced by the action of AChE formed a yellow color with 5,5-dithiobis (2-nitrobenzoic acid). The intensity of the produced color, measured at 412 nm, is directly proportional to the AChE activity in the sample. AChE activity was expressed as micromoles of acetylthiocholine

<sup>&</sup>lt;sup>n1</sup> and <sup>n2</sup>: Sample size of males required for the behavior and neurotransmitters experimentation

<sup>&</sup>lt;sup>a</sup>The doses of NaF or AlCl<sub>3</sub> dissolved in 1 L deionized water

hydrolyzed per minute per gram of protein (mmol SH/g/min).

## Statistical analysis

Kolmogorov-Smirnov test indicated that the present data were normally distributed, and therefore the parametric statistical analyses (ANOVA) were applied. One-way ANOVA was used and followed by the least significant different test (LSD), that is similar to t distribution analysis to compare between every two groups. Data were presented as a mean of eight male rats  $\pm$  standard error of mean (SEM). The significant difference was computed at  $\alpha$  = 0.05 (P < 0.05). Statistical analysis of the present data was analyzed by the aid of the IBM Statistical Package for the Social Sciences, SPSS version 24.

## **Results**

## Exploratory behavior test (object investigation)

The male rats which were administered the fluoride (group II) or aluminum (group IV) alone or in combination (group VI) throughout the prenatal and postnatal periods up to day 70 exhibited a significant decrease in the number of approaches and possessed a longer time spent touching the object in comparison with rats given only deionized water (group I) throughout all the five consecutive days of the test. The groups which were given aluminum or fluoride until after the weaning stage were not significantly different from group I or from each other on the first to the fifth day of the test. The number of approaches in the group treated with the combined doses were lower than that of group I on the fourth and fifth days, whereas the time of approaches was higher than that of group III on the first day and from group V on the second day (Tables 1 and 2).

## Monoamines levels in brain areas

In the cerebral cortex, no statistical differences in the levels of norepinephrine, epinephrine, dopamine, and serotonin were found in groups II and III when compared with group I, except in the case of serotonin in

group II which was significantly lower than that of group I. The levels of dopamine, epinephrine, and norepinephrine in group IV were significantly increased as a result of Al intake during the pre- and postnatal periods, whereas the level of serotonin was markedly decreased and was lower than its level in the cerebral cortex of group I (Table 4). The levels of norepinephrine and dopamine were significantly higher than those of the control, NaF, and AlCl<sub>3</sub> + H<sub>2</sub>O-treated values; meanwhile, dopamine was significantly higher in comparison with the other six experimental groups. On the contrary, epinephrine and serotonin levels were significantly decreased in response to NaF + AlCl<sub>3</sub> intake in comparison with the control, NaF + H<sub>2</sub>O, AlCl<sub>3</sub> + H<sub>2</sub>O groups. The intake of NaF + AlCl<sub>3</sub> + H<sub>2</sub>O induced a significant decrease in norepinephrine as compared with the groups that were supplied with NaF, NaF + H<sub>2</sub>O, AlCl<sub>3</sub>, and NaF + AlCl<sub>3</sub>, but these values were not significantly different from those of the corresponding controls values, except on the case of epinephrine level which exhibited a lower value than those of the control, NaF + H<sub>2</sub>O, AlCl<sub>3</sub>, AlCl<sub>3</sub> + H<sub>2</sub>O-treated groups. The dopamine level in the NaF + AlCl<sub>3</sub> + H<sub>2</sub>O-treated group was higher than those of the control, NaF, NaF + H<sub>2</sub>O, AlCl<sub>3</sub>, AlCl<sub>3</sub> + H<sub>2</sub>O-treated groups, but lower than the NaF + AlCl<sub>3</sub> group (Table 1).

In the hippocampus, the levels of norepinephrine and epinephrine were significantly increased in all groups after the intake of aluminum and fluoride except in the groups treated with NaF, NaF +  $\rm H_2O$ , and  $\rm AlCl_3$  +  $\rm H_2O$  where epinephrine did not reveal any significant change when comparisons were made with the corresponding control. On the contrary, dopamine and serotonin were significantly reduced with the treatments in comparison with the control, but the level of serotonin in the NaF +  $\rm H_2O$ -treated rats was not significantly different from those of the control or NaF-treated values. With respect to epinephrine, the magnitude of increase was significantly higher with the NaF plus  $\rm AlCl_3$  in comparison with all other treated groups. The value in the NaF +

**Table 2** The exploratory learning (the number of approaches) in the male offspring of groups I to VII, 70 days postnatal. Data are presented as a mean of eight rats  $\pm$  SEM

Experimental groups	Number of approac	Number of approaches					
	1 day	2 days	3 days	4 days	5 days		
Group I	3.1 ± 0.23	4.5 ± 0.21	5.1 ± 0.20	7.1 ± 0.23	$6.85 \pm 0.32$		
Group II	$2.3 \pm 0.21^{a}$	$2.6 \pm 0.22^{a}$	$3.3 \pm 0.31^{a}$	$3.45 \pm 0.198^{a}$	$3.8 \pm 0.26^{a}$		
Group III	$3.5 \pm 0.25^{b}$	$4.35 \pm 0.27^{b}$	$5.05 \pm 0.31^{b}$	$6.45 \pm 0.34^{b}$	$6.35 \pm 0.28^{b}$		
Group IV	$2.4 \pm 0.22^{ac}$	$3 \pm 0.23^{ac}$	$3.6 \pm 0.2^{ac}$	$3.95 \pm 0.276^{ac}$	$3.6 \pm 0.35^{ac}$		
Group V	$3.4 \pm 0.26^{bd}$	$4.25 \pm 0.25^{bd}$	$5.55 \pm 0.35^{bd}$	$6.4 \pm 0.31^{bd}$	$6.65 \pm 0.32^{bd}$		
Group VI	$2.3 \pm 0.21^{ace}$	$2.65 \pm 0.23^{ace}$	$2.8 \pm 0.28^{ace}$	$3.05 \pm 0.266^{acde}$	$3.3 \pm 0.27^{ace}$		
Group VII	$3.65 \pm 0.25^{bdf}$	$4.2 \pm 0.24^{bdf}$	$5.7 \pm 0.36^{bdf}$	$6.15 \pm 0.315^{abdf}$	$5.9 \pm 0.38^{abdf}$		

a, b, c, d, e, f: Significant difference in comparison with the group I, II, III, IV, V, VI, and VII, at  $\alpha = 0.05$  (P < 0.05), respectively

 $AlCl_3 + H_2O$  value was higher than those of the control, NaF +  $H_2O$ , and  $AlCl_3 + H_2O$  treatments (Table 2).

Table 3 shows that the levels of norepinephrine in most groups treated with the substances under investigation revealed a significant increase above the control values, except with the NaF treatment, which caused a significant decrease from all other groups. The level with the NaF + H<sub>2</sub>O treatment was less than those of the AlCl<sub>3</sub> and AlCl<sub>3</sub> + H<sub>2</sub>O, but did not reveal any statistical change from the control, NaF + AlCl<sub>3</sub>, NaF + AlCl<sub>3</sub> + H<sub>2</sub>O values. The levels of epinephrine in NaF and NaF + AlCl<sub>3</sub> + H2O-treated groups revealed no statistical difference from those in the control and NaF + AlCl<sub>3</sub> + H<sub>2</sub>O groups. Meanwhile, the norepinephrine (NE) level in the NaF + H<sub>2</sub>O-treated group was significantly higher than that of the NaF, but less than those of AlCl<sub>3</sub> and NaF + AlCl<sub>3</sub>-treated groups. The NE level in the AlCl<sub>3</sub> + H<sub>2</sub>O-treated group was less than its levels in both AlCl<sub>3</sub> and NaF + AlCl<sub>3</sub>-treated groups. The NE in the NaF + AlCl<sub>3</sub> group was significantly higher than all other experimental groups, except in case of the AlCl<sub>3</sub> treatment, where there was no significant difference. The levels of dopamine with all treatments were significantly less than those of the corresponding control values. The NaF intake induced a significant decrease in dopamine (DA) when compared with its levels in the NaF + H<sub>2</sub>O, AlCl<sub>3</sub> + H<sub>2</sub>O, and NaF + AlCl<sub>3</sub> + H<sub>2</sub>O-treated groups. However, the Da level in the NaF group did not reveal any significant change from the AlCl<sub>3</sub> and NaF + AlCl<sub>3</sub> groups. The DA level in the NaF + H<sub>2</sub>O group was significantly higher than its levels in the groups treated with AlCl<sub>3</sub> or NaF + AlCl<sub>3</sub>, but no statistical difference was found between NaF + H<sub>2</sub>O and NaF + AlCl<sub>3</sub> + H2O-treated groups. AlCl<sub>3</sub>-exposed rats exhibited a significant increase in comparison to AlCl<sub>3</sub> + H2O and NaF + AlCl<sub>3</sub> + H2O. The NaF + AlCl<sub>3</sub> group exhibited a significant increase when compared with AlCl<sub>3</sub> + H<sub>2</sub>O or NaF+ AlCl<sub>3</sub> + H<sub>2</sub>O values. Serotonin level was reduced in the NaF, AlCl<sub>3</sub>, NaF + AlCl<sub>3</sub>, and NaF + AlCl<sub>3</sub> + H<sub>2</sub>O groups in comparison with the corresponding control values, also the NaF value was less than those in the NaF +  $H_2O$ , AlCl<sub>3</sub>, AlCl<sub>3</sub> +  $H_2O$ , and NaF + AlCl<sub>3</sub> +  $H_2O$  groups, but no statistical change was detected between the NaF and NaF + AlCl<sub>3</sub> groups. The level in the NaF +  $H_2O$  group was significantly elevated above those in the AlCl<sub>3</sub>, NaF + AlCl<sub>3</sub>, and NaF + AlCl<sub>3</sub> +  $H_2O$  groups, but NaF +  $H_2O$  and AlCl<sub>3</sub> +  $H_2O$  did not reveal any significant change from the control values, AlCl<sub>3</sub> +  $H_2O$  treatment had a significant increase above the values recorded for the NaF + AlCl<sub>3</sub> and NaF + AlCl<sub>3</sub> +  $H_2O$  treatments.

Data presented in Table 4 show that the rats administered NaF, AlCl<sub>3</sub>, and NaF+ AlCl<sub>3</sub> exhibited a decrease in the content of AChE in the cerebral cortex and hippocampus in comparison with the control group. Moreover, in the hypothalamus, the level was significantly reduced in all groups when compared to the control group, except in the NaF + H<sub>2</sub>O which did not reveal any significant change from the control group. In the cerebral cortex, NaF-treated group did not reveal a significant change in comparison with NaF + H<sub>2</sub>O and AlCl<sub>3</sub>, but the activity in the NaF group in the hippocampus and hypothalamus was less than that of NaF + H<sub>2</sub>O and less than both AlCl<sub>3</sub> + H<sub>2</sub>O and NaF + AlCl<sub>3</sub> + H<sub>2</sub>O in all brain regions. The NaF + AlCl<sub>3</sub> treatment resulted in a significant decrease when comparison was made with the NaF + H<sub>2</sub>O, AlCl<sub>3</sub> + H<sub>2</sub>O, and NaF +  $AlCl_3 + H_2O$ . The enzyme activity in the NaF +  $AlCl_3 +$ H<sub>2</sub>O group was higher than that in the AlCl<sub>3</sub>, but did not reveal any significant change from the control in the cerebral cortex and hippocampus. In the hypothalamus, the enzyme activity was significantly less than the corresponding control group (Tables 5, 6, and 7).

## **Discussion**

This study highlights the toxic effects of AlCl and NaF intake with drinking water during the prenatal and early postnatal stages of life, and the possible alterations in the brain monoamines contents and AChE activity. The results of the present study were quantitatively different

**Table 3** The exploratory learning (time spent touching the object) in male offspring of groups I to VII, 70 days postnatal. Data are presented as a mean of eight rats ± SEM

Experimental	Time spent touching	Time spent touching the object (min)					
groups	1 day	2 days	3 days	4 days	5 days		
Group I	1.44 ± 0.06	0.92 ± 0.05	$0.86 \pm 0.02$	$0.82 \pm 0.02$	0.796 ± 0.025		
Group II	$0.83 \pm 0.02^{a}$	$0.77 \pm 0.02^{a}$	$0.74 \pm 0.03^{a}$	$0.7 \pm 0.03^{a}$	$0.67 \pm 0.026^{a}$		
Group III	$1.48 \pm 0.03^{b}$	$0.85 \pm 0.02$	$0.83 \pm 0.02^{b}$	$0.79 \pm 0.02^{b}$	$0.76 \pm 0.18^{b}$		
Group IV	$0.748 \pm 0.03^{ac}$	$0.67 \pm 0.02^{abc}$	$0.63 \pm 0.02^{abc}$	$0.596 \pm 0.02^{abc}$	$0.58 \pm 0.021^{abc}$		
Group V	$1.36 \pm 0.34^{bcd}$	$0.96 \pm 0.02^{bcd}$	$0.88 \pm 0.02^{bd}$	$0.84 \pm 0.02^{bd}$	$0.81 \pm 0019^{bd}$		
Group VI	$0.61 \pm 0.03^{abcde}$	$0.61 \pm 0.03^{abce}$	$0.56 \pm 0.03^{abcde}$	$0.52 \pm 0.03^{abcde}$	$0.495 \pm 0.02^{abcde}$		
Group VII	$1.56 \pm 0.05^{abdef}$	$1.007 \pm 0.06^{bcdf}$	$0.878 \pm 0.04^{bdf}$	$0.846 \pm 0.02^{bdf}$	$0.79 \pm 0.021^{bdf}$		

a, b, c, d, e, f: Significant difference in comparison with the group I, II, III, IV, V, VI, and VII, at  $\alpha = 0.05$  (P < 0.05), respectively

**Table 4** The levels of monoamines ( $\mu g/g$ ) in the cerebral cortex of male offspring in groups I to VII, 70 days postnatal. Data were presented as a mean of eight rats  $\pm$  SEM

Experimental. groups	Norepinephrine	Epinephrine	Dopamine	Serotonin
Group I	0.499 ± 0.12	$0.57 \pm 0.027$	$0.4 \pm 0.015$	$0.37 \pm 0.019$
Group II	$0.55 \pm 0.028$	$0.49 \pm 0.022$	$0.37 \pm 0.01$	$0.33 \pm 0.016$ a
Group III	$0.57 \pm 0.02$	$0.55 \pm 0.014$	$0.33 \pm 0.02$	$0.36 \pm 0.01$
Group IV	$0.64 \pm 0.04^{ab}$	$0.64 \pm 0.014^{bca}$	$0.48 \pm 0.013^{abc}$	$0.27 \pm 0.004^{abc}$
Group V	$0.50 \pm 0.021^{d}$	$0.62 \pm 0.02^{bc}$	$0.4 \pm 0.016^{d}$	$0.28 \pm 0.01^{abc}$
Group VI	$0.63 \pm 0.035^{abe}$	$0.45 \pm 0.034^{acde}$	$0.8 \pm 0.02^{abcde}$	$0.241 \pm 0.01^{abce}$
Group VII	$0.47 \pm 0.017^{\text{fdcb}}$	$0.49 \pm 0.027^{cdea}$	$0.72 \pm 0.055^{abcdef}$	$0.305 \pm 0.014^{acf}$

a, b, c, d, e, f: Significant difference in comparison with the group I, II, III, IV, V, VI, and VII, at  $\alpha = 0.05$  (P < 0.05), respectively

according to the brain region. The alterations in the brain monoamine transmission observed herein were not surprising, because the prenatal life, particularly the third trimester of pregnancy, is an extremely critical period of brain development. During this period, establishment of brain connections and synaptogenesis unfold, a process in which monoaminergic and cholinergic systems play a central role. Monoamines are expressed in the very early embryonic stages (Herlenius & Lagercrantz, 2004; Slotkin, Lappi, McCook, Tayyeb, Eylers, & Seidler, 1994). It is thought that infants might be at particular risk of Al toxicity because of the immaturity of the blood-brain barrier, the gut, and renal system (Bishop, Morley, Chir, Day, & Lucas, 1997).

In the present investigation, the offspring exposed to Al and NaF alone or in combination during the prenatal and postnatal life had lower dopamine (DA) and serotonin (5-HT) contents in the hippocampus and hypothalamus; these results were concomitant with an increase in hippocampal norepinephrine. Similar results appeared in the hypothalamus. The cerebral serotonin was also reduced in all treated groups, but dopamine was elevated in the cerebral cortex of the rat offspring exposed to aluminum alone or combination with sodium fluoride. These results may be explained by delay in the neuro-maturation of the monoaminergic systems and/or imbalance between the synthesis and degradation of these monoamines (El-Habibi, Mousa, & Mohamed,

2011; Pereira, Dombrowski, Losso, Chioca, Da Cunha, & Andreatini, 2011). It has been shown that exposure to aluminum/sodium fluoride during the gestational and lactational periods induced persistent neurobehavioral deficits in the offspring due to the ability of aluminum and fluoride to transport through the placental barrier and to cross the blood-brain barrier (Dec et al., 2017; Panchal & Verma, 2014; World Health Organization, 1996). Moreover, fluorine was found to induce deregulation in the secretion of serotonin, dopamine, norepinephrine, acetylcholine, and epinephrine in the hippocampus, striatum, and cerebral cortex (Dec et al., 2017). In this regard, it was reported that the potential implications of aluminum in the etiopathogenesis of neurological disorders were attributed, at least in part, to its inhibitory effect on the activity of dopamine-beta-hydroxylase (Milanese, Lkhayat, & Zatta, 2001). Similar inference was raised earlier by Zheng and Liang (1998) who suggested that the suppression of the dopaminergic transmission in the central nervous system might play an important role in Al-induced neurotoxicity. The present study revealed a significant elevation in the norepinephrine brain content in the rats born to Al-exposed mothers or the offspring that were persistently exposed to AlCl<sub>3</sub> from the postnatal period until day 70. This increase might have been caused by the stress in forced by Al metal toxicity which triggered the activation of NE synthetic pathway, particularly the step which involved the conversion of dopamine to NE via

**Table 5** The levels of monoamines ( $\mu$ g/g) in hippocampus of male offspring in groups I to VII, 70 days postnatal. Data were presented as a mean of eight rats  $\pm$  SEM

Pr					
Experimental. groups	Norepinephrine	Epinephrine	Dopamine	Serotonin	
Group I	$0.32 \pm 0.014$	0.27 ± 0.011	0.42 ± 0.027	0.17 ± 0.01	
Group II	$0.59 \pm 0.011^{a}$	$0.314 \pm 0.012$	$0.26 \pm 0.007^{a}$	$0.15 \pm 0.05^{a}$	
Group III	$0.61 \pm 0.011^{a}$	$0.296 \pm 0.024$	$0.38 \pm 0.013^{ab}$	$0.167 \pm 0.06$	
Group IV	$0.56 \pm 0.016^{a}$	$0.328 \pm 0.018^{a}$	$0.284 \pm 0.01^{ac}$	$0.139 \pm 0.004^{ac}$	
Group V	$0.39 \pm 0.018^{abcd}$	$0.27 \pm 0.011^{bd}$	$0.27 \pm 0.022^{ac}$	$0.149 \pm 0.01^{ac}$	
Group VI	$0.55 \pm 0.04^{ae}$	$0.40 \pm 0.0113^{abcde}$	$0.254 \pm 0.01^{ac}$	$0.13 \pm 0.007^{ac}$	
Group VII	$0.49 \pm 0.028^{\text{fecdba}}$	$0.34 \pm 0.014^{acef}$	$0.24 \pm 0.007^{acd}$	$0.129 \pm 0.004^{ceab}$	

 $\overline{a_i}$ ,  $b_i$ ,  $c_i$ ,  $d_i$ ,  $e_i$ ; Significant difference in comparison with the group I, II, III, IV, V, VI, and VII, at  $\alpha = 0.05$  (P < 0.05), respectively

**Table 6** The levels of monoamines ( $\mu g/g$ ) in hypothalamus of male offspring in groups I to VII, 70 days postnatal. Data were presented as a mean of eight rats  $\pm$  SEM

Experimental. groups	Norepinephrine	Epinephrine	Dopamine	Serotonin
Group I	1.07 ± 0.06	0.185 ± 1.3	0.899 ± 0.01	0.884 ± 0.047
Group II	$0.682 \pm 0.013^{a}$	$1.24 \pm 0.046$	$0.435 \pm 0.04$ a	$0.54 \pm 0.018^{a}$
Group III	$1.15 \pm 0.046^{b}$	$1.29 \pm 0.14^{b}$	$0.7 \pm 0.03^{ab}$	$0.81 \pm 0.01^{b}$
Group IV	$1.46 \pm 0.015^{abc}$	$1.75 \pm 0.07^{abc}$	$0.5 \pm 0.003^{ac}$	$0.68 \pm 0.036^{abc}$
Group V	$1.37 \pm 0.019^{abc}$	$1.2 \pm 0.04^{bd}$	$0.78 \pm 0.009^{abcd}$	$0.926 \pm 0.048^{bcd}$
Group VI	$1.31 \pm 0.011^{ab}$	$1.82 \pm 0.199^{abce}$	$0.486 \pm 0.03^{ace}$	$0.565 \pm 0.028^{acde}$
Group VII	$1.24 \pm 0.07^{abd}$	$1.48 \pm 0.11^{f}$	$0.77 \pm 0.014^{abdf}$	$0.638 \pm 0.012^{\text{ceab}}$

a, b, c, d, e, f: Significant difference in comparison with the group I, II, III, IV, V, VI, and VII, at  $\alpha = 0.05$  (P < 0.05), respectively

hydroxylation. In this regard, it was reported that when the sympathetic neuronal activity was stimulated under stressful conditions for a prolonged period of time, the amounts of mRNA coding for tyrosine hydroxylase (TH), the rate-limiting enzyme, are increased in the neuronal perikarya, thereby increasing the biosynthesis of norepinephrine (George & Siegel, 1999).

In the cerebral cortex, hippocampus, and hypothalamus, AChE activity was reduced in the group exposed to long-term intake of NaF or AlCl3 alone or in combination from prenatal day 6 until postnatal day 70. Also, a decrease in AChE activity was observed in the hypothalamus, in the groups exposed to AlCl3 alone or co-administered with NaF for less duration, which may indicate that for the Al and F to induce their effects, an extended exposure is not a crucial prerequisite. AChE activity is important to maintain normal brain physiological functions and essential in the learning and memory processing (Shalini & Sharma, 2015). The enzyme inactivation leads to the accumulation of acetylcholine that might alter the synaptic transmission of impulses and weaken the CNS coordination of the sensory, motor, and cognitive functions (Čolović, Krstić, Lazarević-Pašti, Bondžić, & Vasić, 2013). Aluminum and fluoride have been reported to exert an inhibitory effect on AChE

**Table 7** The activities of acetylcholinesterase (µmol SH/g/min) in the cerebral cortex, hippocampus, and hypothalamus of male offspring in groups I to VII, 70 days postnatal. Data were presented as a mean of eight rats ± SEM

Experimental. groups	Cerebral cortex	Hippocampus	Hypothalamus
Group I	$14.5 \pm 0.33$	18.25 ± 0.45	17.62 ± 0.596
Group II	$12.37 \pm 0.42^{a}$	$12.25 \pm 0.45^{a}$	$12.37 \pm 0.625^{a}$
Group III	$13.37 \pm 0.6$	$17 \pm 0.42^{b}$	17.51 ± 0.41 <sup>b</sup>
Group IV	$11.75 \pm 0.37^{ac}$	$12.50 \pm 0.78^{ac}$	$12.93 \pm 0.40^{ac}$
Group V	$15.12 \pm 0.4^{bcd}$	$18.12 \pm 0.44^{bd}$	$14.54 \pm 0.279^{abcd}$
Group VI	$11 \pm 0.33^{abce}$	$13.25 \pm 0.59^{ace}$	$12 \pm 0.36^{ace}$
Group VII	$15.12 \pm 0.40^{bcdf}$	$18 \pm 0.46^{bdf}$	$15.14 \pm 0.29^{abcdf}$

 $^{a, b, c, d, e, f}$ : Significant difference in comparison with the group I, II, III, IV, V, VI, and VII, at  $\alpha$  = 0.05 (P < 0.05), respectively

activity (Lakshmi, Sudhakar, & Anisha, 2014; Shalini & Sharma, 2015). The mechanism by which Al decreased the AChE activity was thought to be due to the attachment of aluminum to the SH groups of the enzyme at its active sites, thus preventing the binding of the substrates and inhibiting the reactions catalyzed by the enzyme (Zaman, Zaman, & Siddique, 1993; Zheng & Liang, 1998). Moreover, it was reported that Al interfered with the metabolism of acetyl Co-A, which would reduce the formation of acetylcholine, and hence, the substrate for the AChE activity (Ravi et al., 2000; Szutowicz, Bielarczyk, Jankowska-Kulawy, Pawełczyk, & Ronowska, 2013).

Exploratory behavior is widely used to assess cognitive functions and spatial learning capabilities in rodents. The results of the open field test revealed that the rats exposed to Al and NaF alone or Al/NaF during the prenatal period up to day 70 of postnatal stages showed a decrease in their exploratory behavior and failed to habituate to strange objective or novel environment in the five consecutive days in comparison with the corresponding control or the groups that were exposed only up to the end of the weaning period. These findings are in agreement with previous studies which described similar effects on the open field parameters (Kinawy & Al-Eidan, 2018; Liu et al., 2014; Nallagouni, Mesram, & Karnati, 2018). The explanation of the open field outcomes is quite possible in the light of the present results which revealed profound perturbations in the brain monoamine neurotransmission and AChE activity which would interfere with the cognitive and sensory-motor capabilities and consequently hindering the neural activities required for the environmental exploration and coping with unfamiliar stimuli.

## **Conclusion**

Administration of sodium fluoride and aluminum chloride separately or conjointly during the early stages of life induced explicit, persistent, and irreversible signs of impairment in the monoamines homeostasis, acetylcholinesterase activity, and the ability of the offspring to set the proper neural adjustments required to cope with unfamiliar stimuli.

#### Abbreviations

5HT: Serotonin; AChE: Acetylcholinesterase; DA: Dopamine; E: Epinephrine; NE: Norepinephrine

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#### Availability of data and materials

The data are available from the author.

#### Authors' contributions

Single author. The author read and approved the final manuscript.

#### **Ethics** approval

Animals were maintained at the College of Science, Dammam University, animal house, where handling and use of the animals were strictly in agreement with the regulations and guidelines on the practice embraced by the ethics committees for use of animals for research.

#### Consent for publication

Not applicable.

#### Competing interests

The author declares that she has no competing interests.

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